

WEEK # 1

Menu 2017

WEEK # 1

**Breakfast Menu Items For The Week**

Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas
--	-----------------------------	-------------------------------	------	-------------------------------	-------------------	---

Thanksgiving Oct.9		Oct.10	Oct.11	Oct.12	Oct.13	Oct.14	Oct.15
MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
D I N N E R	Tomato Soup	Minestrone Soup	Chicken Noodle Soup	Rice Soup	Vegetable Soup	Cream of Broccoli	Chicken Noodle Soup
	Roast Turkey	Baked Fish White Sauce	Chicken Finger	Turkey Chili	Grilled Fish	Shake and Bake Chicken	Roast Beef / Gravy Mashed or Baked Potatoes
	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	Corn Bread	Mashed potatoes	Mashed potatoes Mashed Turnips	Parsnips
	Squash	Carrots	Green Beans	Cookies	Broccoli	Baked Custard	Pie
	Pumpkin pie	Peaches	Strawberries		Squares		
S U P P E R	Tomato Soup	* Minestrone Soup	Fish Chowder	* Rice Soup	* Vegetable Soup	Cream of Broccoli	Chicken Noodle Soup
	Fish Nuggets	Mini Sub on hamburger buns	Biscuits	Cold Plate	Sloppy Joe Peas	Pancakes Ham	Fish Burger
	Home Fries	Salad	Cottage Pudding	Mandarin Oranges	fresh fruit salad	Lemon Loaf	Home Fries
	Fresh Fruit Salad	Lemon Tarts					Vanilla Pudding

Menu may change without notice

HS Snack Menu  Muffin	Social tea or Arrowroot Cookies	Nutri Bar	Toast	Cake	Frozen Yogurt	Sweet Bread
-----------------------------	---------------------------------------	-----------	-------	------	---------------	-------------